

# Negative emotions - primary driver for team development

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# Hello!

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- @eetusetä
- Agile Coach / Tribal Lead at Siili Solutions
- Coaching teams and individuals
- Things I like
  - Ice Hockey
  - Guitar playing
  - Cooking



# Hello!

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## What is going to happen

1. Why I chose this topic
2. The Couch
3. So it begins
4. Story time
5. So, how about teams
6. So it begins (Again!)
7. Story time Part 2.
8. Recap

# Why I chose this topic

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- Learning drives us forward

# Why I chose this topic

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- And it should be fun

# Why I chose this topic

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- Super teams

# The Couch

- Couch wins



## The Couch





## The Couch



# The Couch

- I can still make it to NHL
- (No I can't, but I'll try..)



## So it begins

- Something is not right here



**WAIT! WAIT! WAIT!**  
*HOLD ON A SECOND!*

So it begins



So it begins



# Story time!



## So how about teams?

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- Couch still wins



## So how about teams?

- Basic human needs must be fulfilled until a team can succeed





# So it begins (again)

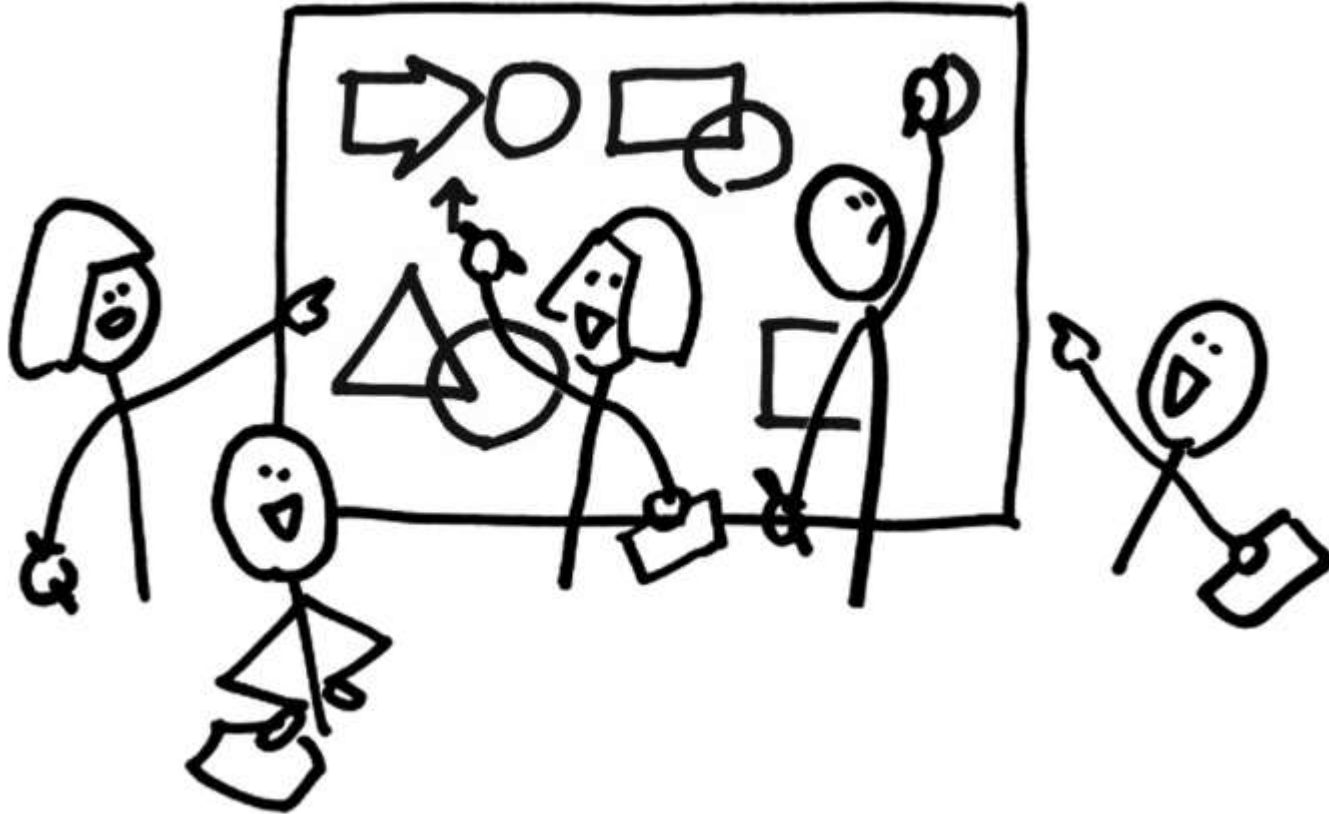


Someone takes initiative.



**(Again!)**

# We build the solution



# Story time



# Recap

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- Find the Something that bothers and ...
- Challenge the Status Quo
- Turn negative emotions to a positive goal
- Share the vision and motivation

Time for:

- Questions
- Comments
- Own experiences

Thank you!